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INFORMATION,  
PREVENTION AND  
TREATMENT REFERRALS, AND  
OTHER RESOURCES ARE  
AVAILABLE 24 HOURS A DAY  
FROM THE MASSACHUSETTS  
SUBSTANCE ABUSE  
INFORMATION AND  
EDUCATION HELPLINE/  
THE MEDICAL FOUNDATION.

800-327-5050  
(TOLL-FREE; MULTI-LINGUAL)  
TTY: 617-536-5872  
WWW.HELPLINE-ONLINE.COM

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ADDITIONAL INFORMATION  
AND STATISTICS ARE  
AVAILABLE FROM:

- Massachusetts Youth Health Survey, October 2002  
[www.state.ma.us/dph/bsas](http://www.state.ma.us/dph/bsas)
- Massachusetts Youth Risk Behavior Survey  
[www.doe.mass.edu/hssss/yrbs/01/results.pdf](http://www.doe.mass.edu/hssss/yrbs/01/results.pdf)
- National Center on Addiction and Substance Abuse at Columbia University  
[www.casacolumbia.org](http://www.casacolumbia.org)
- Monitoring the Future, Overview of Key Findings 2002  
[www.monitoringthefuture.org](http://www.monitoringthefuture.org)
- Office of National Drug Control Policy  
[www.whitehousedrugpolicy.gov](http://www.whitehousedrugpolicy.gov)
- Parents. The Anti Drug  
[www.theantidrug.com](http://www.theantidrug.com)
- Partnership for a Drug-Free America  
[www.drugfreeamerica.org](http://www.drugfreeamerica.org)
- U. S. Department of Health and Human Services  
[www.health.org](http://www.health.org)

*Be the first to* **TALK WITH YOUR PRE-TEEN**  
*about ALCOHOL, TOBACCO, and other DRUGS*

**INFORMATION FOR FAMILIES**

▼  
**COCAINE/CRACK**

► **WHAT IS IT?**

- Cocaine: substance obtained from coca leaves
- Crack: cocaine that is processed for smoking. Crack is cheaper, easier to use, and more addictive than cocaine.
- Looks like white powder, crystals, or rock salt
- Can be snorted, dissolved in water and injected, smoked
- Also called rock, freebase, flake, snow, blow

► **STATISTICS**

- In Massachusetts, cocaine and crack are the second most frequently used illicit drugs in middle schools.
- Nearly 4% of 8<sup>th</sup> graders have used cocaine at least once.
- Cocaine use among 8th graders has doubled in recent years.

► **RISK**

- Death, even on first use
- Heart attack, stroke, respiratory problems
- Convulsions
- Damaged nasal cavity (from snorting)
- HIV/AIDS, hepatitis, other infections from shared needles
- Addiction

► **WHAT TO LOOK FOR**

- Paranoia or aggressive behavior
- Depression
- Runny nose, frequent sniffing
- Dilated pupils
- Restlessness, anxiety, insomnia
- Repetitive behavior
- Pipe, glass tube, short straw, copper scouring pad

CLICK  
HERE  
FOR

**SOURCES  
OF  
STATISTICS**